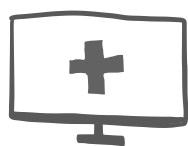


HET CORONAVIRUS: VULNERABLE INDIVIDUALS

GENERAL



Stay well informed

Not everything you hear or read might necessarily be true.



Take precautions

Wash your hands regularly, don't shake hands, avoid physical contact.



Prevent the spread of the virus

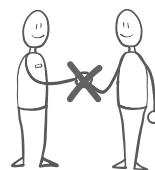
Sneeze and cough into your elbow, work from home and avoid crowded spaces.



Stay at home

Stay at home as much as possible, especially if you have symptoms or a fever.

VULNERABLE



Avoid contact

Limit visits and do not use public transport.



It's OK to ask for help!

People want to offer help right now. Let people know you can use it.



Think ahead

Do you have enough groceries and medication at home?



Dealing with the current situation

Share your feelings (on the phone).