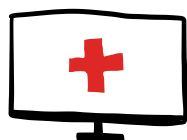


# THE CORONAVIRUS: VULNERABLE INDIVIDUALS

## GENERAL



### Stay well informed

Base your actions on reliable information; not everything you hear or read might necessarily be true.



### Take precautions

Wash your hands regularly and thoroughly, don't shake hands, avoid physical contact.



### Prevent the spread of the virus

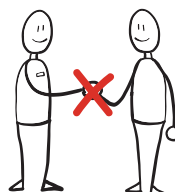
Sneeze and cough into your elbow, work from home and stay 1.5 metres apart.



### Stay at home

Are you experiencing symptoms such as a fever? Get tested and stay home until you have the results.

## VULNERABLE



### Avoid crowds

Limit visits and try to avoid public transport.



### It's OK to ask for help!

People want to offer help right now. Let people know you can use it.



### Think ahead

Do you have enough groceries and medication at home?



### Dealing with the current situation

Share your feelings (on the phone).